



# Friendship Force of Ottawa Annual Report 2018-2019

## *The Big Picture*

⇒ Friendship Force of Ottawa is one club of 350 chartered clubs in Friendship Force International with programs in sixty countries on six continents and approximately 15,000 members worldwide.

⇒ Friendship Force is a volunteer-driven organization. More than 1,500 volunteer leaders work more than 30,000 hours each year to promote the FF mission.

⇒ 328 global, domestic and international journeys were conducted in 2017 with 3,450 ambassadors traveling. Thousands more families served as hosts.

⇒ 240,000 ambassadors and 780,000 hosts have participated in Friendship Force programs since 1977.

## *Explore • Understand • Serve®*

**Explore** We explore new countries and regions. We explore new cultures and new ways to connect across the barriers that separate us.

**Understand** By sharing a home, meals, conversation and everyday experiences, people become friends, seeing beyond governments and borders into the heart of a country and its people. By combining home hospitality with cultural exploration, we reach a new level of understanding.

**Serve** Exploration leads to understanding. Understanding leads to an acceptance of our common humanity and the desire to serve our global village with words and actions.

**CHANGING THE WAY YOU  
SEE THE WORLD**



**Mission** To promote global understanding across the barriers that separate people

**Vision** Each individual will make a contribution to global goodwill. The Friendship Force world-wide network of clubs and individuals will overcome differences among people and nations. By connecting the world, one friend at a time, we will create a world of friends that becomes a world of peace.

**Values** Mutual Respect • Cultural Diversity • Cultural Exploration • Service



# Friendship Force of Ottawa Annual General Meeting

For FFO reporting period  
Nov 01, 2018 - Oct 31, 2019

Monday, December 02, 2019  
Riverside United Churches  
3191 Riverside Drive, Ottawa

## Purpose of the AGM

- ⇒ To receive reports from the Board about Board activities and FFO achievements and progress over the year.
- ⇒ To elect the Board of Directors for the coming year.
- ⇒ To approve any required changes to the by-laws.
- ⇒ To permit time for members to ask questions.
- ⇒ To outline the vision and values that guide what FFO does and how it is done.
- ⇒ To acknowledge the contributions of the members.

✓ Find the Minutes of AGM Dec 03, 2018 on the FFO website - GM meetings (archives)

Submit any amendments to Charlotte Foster:

[secretaryffo@gmail.com](mailto:secretaryffo@gmail.com)

Social: 6:00pm

Potluck Christmas dinner 6:30-7:30pm

AGM 8:00-8:45pm

## Draft AGENDA

- |                                                 |                  |
|-------------------------------------------------|------------------|
| 1. Welcome/Introductions                        | Lynda Heffernan  |
| • Guests                                        |                  |
| • Introduction of New Members                   |                  |
| 2. Approval of Agenda                           | Lynda Heffernan  |
| 3. Approval of AGM Minutes of Mon Dec 03 2017   | Charlotte Foster |
| 4. Board Reports                                |                  |
| • President                                     | Lynda Heffernan  |
| • Treasurer                                     | Alain Dawson     |
| ⇒ Financial Statement 2018-2019                 |                  |
| ⇒ Appointment of Financial Reviewer, 2019-2020  | Lynda Heffernan  |
| • VP Journeys                                   | Anna Rochon      |
| • VP Membership                                 | Joanne Curran    |
| 5. Election of Board of Directors for 2019-2020 |                  |
| • Chairperson of Nominating Committee           | Wendy Adams      |
| 6. Other Business                               | Lynda Heffernan  |
| 7. Adjournment                                  |                  |

Next meeting:

GM on Monday, January 13, 2019 at Tom Brown Arena  
7:00pm social with dessert & coffee provided (No potluck)



# Friendship Force of Ottawa Board Reports

## FFO Board of Directors

2018- 2019

### President

Lynda Heffernan

### VP Journeys

Anna Rochon

### VP Membership

Joanne Curran

### Treasurer

Alain Dawson

### Secretary

Charlotte Foster

### Directors-at-Large

Joan Kinnie

Colin Leech

### Past President

Wendy Adams

### Websites:

[www.thefriendshipforce.org](http://www.thefriendshipforce.org)

[www.friendshipforceottawa.ca](http://www.friendshipforceottawa.ca)

## *President's Report*

*Lynda Heffernan*



It is important to remind ourselves the reason we have all decided to belong to Friendship Force. The mission statement follows:

*"Our mission is to promote global understanding across the barriers that separate people. Everyone can make a contribution to global goodwill. The Friendship Force world-wide network of clubs and individuals seek to overcome differences among people and nations."*

My report highlights the achievements and challenges the Board experienced over the past year from November 01, 2018 to October 31, 2019.

On December 03, 2018, I became the president of Friendship Force Ottawa and in the past year I have appreciated all the support and encouragement I have received from all the membership. A big thank you to all members who have volunteered this past year and have once again helped make FFO a vibrant, active club. Thank you, Board members, for your vision, dedication and ongoing commitment to the club. This AGM will see the end of the term of office for much appreciated officers - Alain Dawson (Treasurer), Charlotte Foster (Secretary) Joan Kinnie (Director-at-Large) and Colin Leech (interim Director-at-Large). Past President Wendy Adams continues to offer expertise and support in all things and has generously agreed to continue for another year. The proposed slate of officers will be ratified at the AGM on December 02, 2019.

This year Friendship Force International held a world-wide conference in Colorado in July. Friendship Force Ottawa was excellently represented by Joan Kinnie who reported that there was much positive discussion about building and maintaining membership and that FFI wishes to promote peace and understanding as well as travel. FFI also updated their policies and guidelines for clubs and programs. Subsequently, FFO updated their code of conduct and mobility policies.

FFO membership has slowly increased over this year to 136 members. While person-to-person contact and personal invitation by members continue to be effective strategies, VP Membership Joanne Curran and her team have been very active in planning and implementing new attempts to attract more members. One such event was a very successful Friendly Wanderers' presentation at the Barley Mow in Westboro and other recruitment speeches were made to various organizations. (see Joanne's report).



# Friendship Force of Ottawa Board Reports

## Other FFO Positions

### 2018-2019

#### Media Equipment

Colin Leech

#### Archives

Alain Dawson

#### Assets

Jan Sterling

#### FFO Webmaster

Conrad Gregoire

#### Newsletter Editor

Joanne Curran

#### Facebook

Jaap Schouten

## Social Conveners

### 2018- 2019

#### Art Appreciation Group

Janet Wilkinson

#### Bridge Club

Bob Elliott

#### Dinner Club

Jessica Sullivan

#### FFO Singers

John DuVernet

#### Friendly Wanderers

Anna Rochon

#### Walking Club

Fay McNeil

From a financial point of view, membership fees have been increased to \$55 due to an increase in FFI fees and ongoing budget issues. Journey treasurer guidelines have been amended to state that any 2 of 3 signatures are required on cheques. Journey treasurer training occurred in January of this year with continued efforts to increase the number of members who can comfortably use the system.

All journeys have been successfully completed for this year and journeys for 2020 are in the active planning stage. 2021 journey requests have been submitted to FFI and the results will be confirmed in February 2020. (see Anna's VP Journeys report)

A refurbished computer was purchased this year as part of an ongoing attempt to upgrade our audio-visual equipment and further equipment will be purchased in the future when the budget permits.

Our Eastern Canadian field representative and FFO member, Pierrette Benoit, and her Western counterpart have successfully negotiated insurance coverage for all Canadian Friendship Force clubs.

For transparency purposes, journeys continue to be highlighted at GM meetings, in the CapCon and in email messages to all member and the selection process for oversubscribed journeys is made open to all membership. Jaap Schouten continues to maintain a current FFO presence on Facebook.

FFO enjoys an enviable reputation at FFI and among FF clubs as a progressive club that gets things done right and our goal is to keep it that way. The Board welcomes your suggestions and comments at any time. I look forward with pleasure to continuing as your president for the upcoming year.



FFO outbound journey to Peru, 2019. Photographer Donna Nicholson



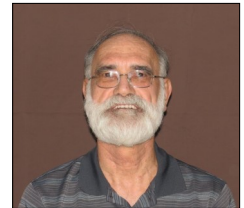
# Friendship Force of Ottawa Treasurer's Report

*Financial Report as of 31 October 2019*

*Alain Dawson*

## 1. Bank Balance

The income and expenses that occurred during the period of 1 Nov 2018 to 31 Oct 2019 resulted in the following changes to the bank balance:



1 Nov 2018 opening balance		<b>\$ 10,199</b>	
Income amount	+	\$ 5,924	\$29 above budget
Expense amount	-	<u>\$ 6,910</u>	\$1,775 below budget
31 Oct 2019 closing balance		<b>\$ 9,213</b>	
Uncashed cheques (2)	-	\$ 186	
Contingency fund	-	\$ 5,000	
Website renewal fund*	-	<u>\$ 1,000</u>	
Net available for operations		<b>\$ 3,028</b>	

\* Carried over until the work is done

The \$52 income since the financial report of 27 Sep 2019 are from the sale of 13 FFO pins;

The \$185 expenses since the financial report of 27 Sep 2019 are:

- a. GM/AGM Venue Rental \$ 130;
- b. GM Snack & Coffee \$ 55;

## 2. Source and Use of Funds

Below is the source and use of funds table, providing a bird's eye view of the financial situation allowing the comparison between last year's and this year's actual, and next year's budget approved at the Sept GM. Financially, FFO was on solid ground at the end of last year, and is still on solid ground this year as a result of reduced expenses; and will still be on solid footing at the end of next year because of the \$15 increase in FFO membership fee resulting in a smaller approved deficit budget which included the increase of \$5 per member FFI membership fee increase and two \$1,000 + extraordinary expenses: \$1,000 for Audio system upgrade and \$1,063 for FFO pins replenishment.

	2017-18	2018-19	Anticipated 2019-20
Opening Cash Balance on 1 Nov	\$ 9,890	\$ 10,199	\$ 9,214
Net Income/Deficit	\$ 309	-\$ 986	-\$ 1,647
Payment of Liabilities	<u>\$ -</u>	<u>\$ -</u>	<u>-\$ 186</u>
Closing Cash Balance on 31 Oct	\$ 10,199	\$ 9,214	\$ 7,380
Accounts Receivable	\$ -	\$ -	\$ -
Accounts Payable	\$ -	-\$ 186	\$ -
Website Upgrade Reserve	-\$ 1,000	-\$ 1,000	-\$ 1,000
Contingency Funds	<u>-\$ 5,000</u>	<u>-\$ 5,000</u>	<u>-\$ 5,000</u>
Net Available for Operations	\$ 4,199	\$ 3,028	\$ 1,380

## 3. Financial Statements for Last 3 Years

The following table provides the income and expenses by budget line items for the last three years. The membership numbers indicate a) the number of members that renewed from the previous year and

b) the number of individuals that either rejoined after a period of absence or are new members.





# Friendship Force of Ottawa

## 2018-19 Financial Statements

Fiscal Year Renewed + New members	2016-17 157+5	2017-18 140+8	2018-19 128 + 8		
<b>Membership Fee</b>	\$ 40	\$ 40	\$ 40		
Budget Line Items	Actual	Actual	Actual	Budget	Difference
<b>Income</b>					
Membership					
Membership Fee	\$ 6,480	\$ 5,840	\$ 5,360	\$ 5,620	-\$ 260
Membership Late Fee	\$ 50	\$ 20	\$ 20	\$ 15	\$ 5
Membership Badge	\$ 90	\$ 60	\$ 108	\$ 96	\$ 12
Membership Total	\$ 6,620	\$ 5,920	\$ 5,488	\$ 6,500	-\$ 243
Events					
Outbound Journeys	\$ 78	\$ 1	\$ -	\$ -	\$ -
Inbound Journeys	\$ 1,695	\$ 589	\$ -	\$ -	\$ -
Event Total	\$ 1,773	\$ 590	\$ -	\$ -	\$ -
Miscellaneous					
Bank Interest	\$ -	\$ -	\$ -	\$ -	\$ -
Name Magnets	\$ 8	\$ -	\$ 4	\$ 4	\$ -
FFO Pins	\$ 160	\$ 140	\$ 432	\$ 160	\$ 272
Guadeloupe Disaster	\$ -	\$ 620	\$ -	\$ -	\$ -
Miscellaneous Total	\$ 168	\$ 760	\$ 436	\$ 164	\$ 272
<b>Income Total</b>	<b>\$ 8,561</b>	<b>\$ 7,270</b>	<b>\$ 5,924</b>	<b>\$ 5,895</b>	<b>\$ 29</b>
<b>Expenses</b>					
Administration					
Bank Charges	\$ 24	\$ 7	\$ 7	\$ 10	\$ 3
Square Charges	\$ 63	\$ 16	\$ 16	\$ 25	\$ 9
Office Supply/Postage	\$ -	\$ -	\$ 58	\$ 10	-\$ 48
Printing/Photocopying	\$ 54	\$ -	\$ -	\$ -	\$ -
Insurance	\$ 1,280	\$ 1,337	\$ 1,275	\$ 1,500	\$ 225
Administration Total	\$ 1,422	\$ 1,360	\$ 1,356	\$ 1,545	\$ 189
Communications					
Capital Connection	\$ -	\$ -	\$ -	\$ -	\$ -
Website	\$ 196	\$ 196	\$ 196	\$ 200	\$ 4
Canffex	\$ -	\$ -	\$ -	\$ 70	\$ 70
Audio/Visual	\$ 11	\$ -	\$ 702	\$ 1,025	\$ 323
Communications Total	\$ 207	\$ 196	\$ 897	\$ 1,295	\$ 398
Membership					
Membership Badge	\$ 92	\$ 67	\$ 101	\$ 95	-\$ 6
AC/HC/JT Training	\$ -	\$ 18	\$ 47	\$ 65	\$ 18
Recruitment/Retention	\$ -	\$ 72	\$ -	\$ 150	\$ 150
New Member Reception	\$ -	\$ 29	\$ -	\$ 150	\$ 150
Membership Total	\$ 92	\$ 186	\$ 148	\$ 460	\$ 312
Conferences					
Eastern Canadian Conf.	\$ -	\$ 500	\$ 19	\$ 100	\$ 81
International Conference	\$ -	\$ -	\$ 1,000	\$ 1,000	\$ -
Conferences Total	\$ -	\$ 500	\$ 1,019	\$ 1,100	\$ 81



# Friendship Force of Ottawa

## 2018-19 Financial Statements (cont'd)

Budget Line Items	2016-17	2017-18	2018-19		
	Actual	Actual	Actual	Budget	Difference
<b>Rental</b>					
GM/AGM Room	\$ 161	\$ 195	\$ 80	\$ 210	\$ 130
Board Meeting Room	\$ 100	\$ 100	\$ 100	\$ 100	\$ -
AC/HC/JT Training	\$ -	\$ 60	\$ 75	\$ 180	\$ 105
Friendship Day	\$ -	\$ -	\$ -	\$ 50	\$ 50
Recruitment/Retention	\$ -	\$ -	\$ -	\$ 50	\$ 50
Friendly Wanderer	\$ 141	\$ 28	\$ -	\$ 120	\$ 120
<b>Rental Total</b>	<b>\$ 402</b>	<b>\$ 383</b>	<b>\$ 255</b>	<b>\$ 710</b>	<b>\$ 455</b>
<b>Events</b>					
World Friendship Day	\$ -	\$ -	\$ -	\$ 50	\$ 50
Year End Party	\$ 109	-\$ 11	\$ 42	\$ 75	\$ 33
Golf	\$ -	\$ -	\$ -	\$ -	\$ -
<b>Events Total</b>	<b>\$ 109</b>	<b>-\$ 11</b>	<b>\$ 42</b>	<b>\$ 125</b>	<b>\$ 83</b>
<b>Miscellaneous</b>					
Meeting Food & Refreshment	\$ 104	\$ 152	\$ 20	\$ 150	\$ 130
Gifts	\$ -	\$ -	\$ 25	\$ 25	\$ -
FFO Pins	\$ -	\$ -	\$ -	\$ -	\$ -
Other*	\$ -	\$ 1,052	\$ -	-\$ -	\$ -
<b>Miscellaneous Total</b>	<b>\$ 104</b>	<b>\$ 1,204</b>	<b>\$ 45</b>	<b>\$ 175</b>	<b>\$ 130</b>
<b>FFI Support</b>					
FFI Membership Fee	\$ 3,103	\$ 2,639	\$ 2,655	\$ 2,775	\$ 120
Annual Fund Contribution	\$ 503	\$ 505	\$ 492	\$ 500	-\$ 8
Support Contribution	\$ -	\$ -	\$ -	\$ -	\$ -
<b>FFI Support Total</b>	<b>\$ 3,606</b>	<b>\$ 3,143</b>	<b>\$ 3,147</b>	<b>\$ 3,275</b>	<b>\$ 128</b>
<b>Expenses Total</b>	<b>\$ 5,941</b>	<b>\$ 6,961</b>	<b>\$ 6,910</b>	<b>\$ 8,685</b>	<b>\$ 1,775</b>
<b>Surplus/Deficit</b>	<b>\$ 2,621</b>	<b>\$ 309</b>	<b>-\$ 986</b>	<b>-\$ 2,790</b>	<b>\$ 1,804</b>

Other:

2017-18 was the donation toward the Guadeloupe Disaster.



# Friendship Force of Ottawa

## 2018-19 Financial Statements (cont'd)

### 5. Net Worth Statement

The table below is the Net Worth statement which indicates that the Net amount available for operations has decreased by \$1,171 instead of the budget expected deficit of \$2,790, a total difference of \$1,619. The main contributors to this difference are the reduced expenses for Communications (\$398) Venue Rental (\$324), Membership (\$312), Administration (\$189) and FFI Support (\$128). It also accounts for the inventory assets (item acquired for sale) where 108 of the 136 FFO pins on hand at the beginning of the year and the one Name Tag Magnet on hand were sold. Please note that the FFO assets held by the Asset Manager are not part of this report.

	2019/10/31 Balance	2018/11/01 Balance	Difference
<b>Net Worth</b>			
<b>Assets</b>			
Cash & Bank Accounts			
BMO Chequing (General Account)	\$ 9,213	\$ 10,199	-\$ 896
Cash & Bank Accounts Total	\$ 9,213	\$ 10,199	-\$ 896
Inventory Assets			
FFO Pins	\$ 112	\$ 544	\$ 432
Name Badge Magnets	\$ -	\$ 4	\$ 4
Inventory Assets Total	\$ 112	\$ 548	\$ 436
Accounts Receivable			
Journey Advances	\$ -	\$ -	\$ -
	\$ -	\$ -	\$ -
Accounts Receivable Total	\$ -	\$ -	\$ -
<b>Assets Total</b>	<b>\$ 9,325</b>	<b>\$ 10,747</b>	<b>-\$ 1,422</b>
<b>Liabilities</b>			
Accounts Payable			
Website Renewal Fund	\$ 1,000	\$ 1,000	\$ -
Uncashed cheques	\$ 186	\$ -	-\$ 186
Accounts Payable Total	\$ 1,186	\$ 1,000	-\$ 186
<b>Liability Total</b>	<b>\$ 1,186</b>	<b>\$ 1,000</b>	<b>-\$ 186</b>
<b>Net Worth</b>	<b>\$ 8,140</b>	<b>\$ 9,747</b>	<b>-\$ 1,607</b>
<b>Minus Inventory</b>	<b>\$ 112</b>	<b>\$ 548</b>	<b>\$ 436</b>
<b>Minus Contingency Fund</b>	<b>\$ 5,000</b>	<b>\$ 5,000</b>	<b>\$ -</b>
<b>Net Available for Operations</b>	<b>\$ 3,028</b>	<b>\$ 4,199</b>	<b>-\$ 1,171</b>





# Friendship Force of Ottawa Board Reports

## Journeys 2019

### Outbound

#### Oklahoma & St Louis, MI

ACs Merv & Jessica Sullivan

Apr 2-9 & Apr 9-16

#### Trujillo, Peru

AC Joanne Curran

Apr 24-May 01

#### Ulan Ude, Siberia

July 02-09

#### Ulaanbaatar, Mongolia

July 9-16

ACs MJ Kelleher & C Leech

#### Manawatu NZ

Nov 5-12

#### Christchurch NZ

Nov 15-22

ACs S Bedier & E Prevost

### Inbound

#### Greater Des Moines, Iowa

HC Barb Smith

May 10-17

#### Big Canoe, GA

HCS Bob & Eve Elliott

Sep 16-23

#### Taipei, Taiwan

HCS Jaap & Maria Schouten

Oct 16-23

## *VP Journeys*



## *Anna Rochon*

It has been another busy but successful year. We joined Friendship Force to learn about other cultures and lifestyles. This is achieved by hosting and visiting with others from around the world. The fact that 7 different destinations have been visited and 3 different groups hosted this year would be a testament of a huge success for Friendship Force Ottawa.

Oklahoma City and St Louis, MI were visited in April, Peru at the end of April, Siberia & Mongolia in July, New Zealand north and South Island in November. We welcomed Greater Des Moines, Iowa in May, Big Canoe, GA in September and Taipei in October. Many volunteers helped to make each outbound and inbound journey a success.

Some of the things that we learned from the inbound evaluations are that we should give our ambassadors at least 2 partial days or 1 free day off during the week. We should prepare a program that has very little required language skills if people are coming from a country where English is not a first language. Many Ottawa drivers prefer NOT to drive outside the city after dark. Lunch options that are budget conscious – i.e. Subway, Farm Boy or Independent Grocer sandwich/wrap trays are convenient, inexpensive, fast options for lunch. Meal can easily be supplemented with drinks, cheese and/or fruit.

The last 2 inbound Journeys of the year incorporated potluck and inexpensive meals away from hosts homes, therefore not making night hosting an excessive burden. Night hosts seem to be appreciative.

We are closing one year BUT we are looking forward to 2020. Guadeloupe is fully booked in February and Pierrette Benoit is leading the way for the sunbirds. Elaine Bradley and a team of volunteers will be coordinating a full contingent of ambassadors from Richmond, Virginia. Cairo, Egypt inbound will be coordinated by Joan Kinnie. A double outbound in September to Indonesia is planned for September and Joanne & Michael Curran are the coordinators. An inbound from New Zealand in early September does not yet have a coordinator but the expectation is that someone from this year's outbound will volunteer. The last outbound of the 2020 year will be a double Journey to Northern Illinois and Greater Des Moines led by Wendy and Steve Adams.

We will be advised in February what our assignments are for 2021. It is wonderful that there are always volunteers to help host, coordinate, drive, plan, prepare food and generally help with Journeys. Yes, sometimes it takes a little while for volunteers to step up but isn't that why we joined Friendship Force Ottawa? To interact with people from different countries.



# Friendship Force of Ottawa Board Reports

## 23 CANADIAN FF CLUBS



British Columbia  
Victoria & Vancouver Island  
Metro Vancouver  
Penticton / Okanagan

Alberta  
Calgary  
Edmonton and Area  
Lethbridge  
Medicine Hat

Saskatchewan  
Saskatoon

Manitoba  
Brandon and Area  
Manitoba  
Winnipeg

Ontario  
Haliburton  
Hamilton and Burlington  
Lake Simcoe  
Niagara  
North Bay  
Ottawa  
Stratford and St. Mary's  
Toronto

Quebec  
Canadian Capital Region  
Montreal  
Quebec Region  
Sherbrooke

**Cdn Council of Friendship  
Force Presidents**  
[www.canffex.ca](http://www.canffex.ca)

## *VP Membership Report*

*Joanne Curran*



Friendship Force Ottawa (FFO) remains vibrant as a social club with the majority of our 136 members having signed up for bridge, dinner club, art appreciation, FFO Singers or the solo group. That said, our operating pool of journey ambassadors and hosts is diminishing. As a result, membership recruitment and retention has become a top priority for the Board.

Strategies introduced to increase our membership and retain our current members include: encouraging dinner club participants to use these social gatherings to introduce prospective/new members to FFO; asking inbound journey coordinators to reach out to new and prospective members to volunteer as or shadow hosts and/or join activities organized for ambassadors; using free online community billboards to invite the general public and FFO members to attend the Friendly Wanderers travelogues at the Westboro Barley Mow Pub; regularly providing our members with FFO business cards to hand out when they meet people who show an interest in the club; exploring a partnership with La Force de l'Amitié de la Région de la Capitale Canadienne to celebrate World Friendship Day in 2020; looking for ways to promote FF in print media and with local chapters of organizations whose readers/members might be attracted to our club's programs and mission (e.g. Children's International Summer Villages, Rotary Club, Canada Homestay Network, CARP, NAFR, etc.).

Friendship Force Ottawa's strength as an organization rests with its current and future members. Keeping our organization interesting, rewarding, welcoming, exciting..... requires a membership that will enthusiastically and actively support a sustainable retention and recruitment plan for Friendship Force Ottawa.  
To Friendship Force Ottawa's future!

## *FFI Field Representative for Eastern Canada: Pierrette Benoit*



My first year in this position has been both challenging and invigorating! Getting to know the Presidents in my region was a first priority and involved interesting conversations; they shared their successes and their challenges and not surprisingly, there were many similarities. I am committed to celebrating their successes and working with them to address the challenges. It is an ongoing work in progress!

From a business perspective, there was one pressing issue; the FF Canada Directors and Officers Liability Insurance Policy was expiring July 12<sup>th</sup> 2019. Working in collaboration with my western Canada counterpart we conducted a review of our current policy, sought out quotes from the existing provider and two other brokers, and ultimately decided to renew with the existing provider Foster Park Brokers Inc. A challenging assignment for both of us, but working together was a wonderful experience, with very positive results.

The successful launch of a new FF club in Lake Simcoe was an invigorating experience! It started with an idea from a member of FF Haliburton Highlands and after much strategizing, planning, marketing and consulting, a new FF club with 25 members was born! They will be hosting their first journey in 2020 and going on their first outbound journey in 2020.  
What a wonderful success!!!



# Friendship Force of Ottawa Looking Forward to 2020

## FFO Journeys 2020

### Outbound

Guadeloupe  
AC Pierrette Benoit  
Feb 20-28

Solo-Surakarta & Surabaya, Indonesia  
AC Joanne Curran  
September

N Illinois & Gr Des Moines  
ACs Wendy & Steve Adams  
Late Sep - October

### Inbound

Richmond, VA  
HC Elaine Bradley  
May 07-14

Cairo, Egypt  
HC Joan Kinnie  
June 10-17

Wanganui & Horowhenua New Zealand  
HC - TBD  
Sep 03-10



## *Nominating Committee Report*

*Chairperson Wendy Adams*



Following the rules of operation outlined in our FFO Club By-laws (Article 7), the Nominations Committee presents at the Dec. 02, 2019 Annual General Meeting (AGM), the following candidates willing to stand for election to the FFO Board of Directors for the year 2019-2020:

### Retiring Board Members

Treasurer:	Alain Dawson
Secretary:	Charlotte Foster
Director-at-Large:	Joan Kinnie
Director-at-Large:	Colin Leech (interim appointment)

### Returning Board Members

President:	Lynda Heffernan (2nd year)
VP Journeys:	Anna Rochon (2nd year)
VP Membership:	Joanne Curran (2nd year)

### Nominations for Vacant Positions

Treasurer:	Andrew Nicholson
Secretary:	Ian Wilson
Director-at-Large:	Colin Leech (newer FFO member)
Director at Large:	Barbara Stiles (newer FFO member):

If any FFO member wishes to make an additional nomination, please submit the recommendation in writing, signed by at least two other FFO members and accompanied by a confirmation signed by the nominee indicating his/her willingness to stand for election to a position. Such nominations at large must be received by the Committee chair at least two weeks prior to the Annual General Meeting scheduled for December 2, 2019. At the Annual General Meeting, the Chair of the Committee will introduce all nominees prior to the election. Unless the Chair has received other nominations from the general membership, the Chair will declare the positions filled by acclamation.

An elected Officer assumes full office immediately following his/her election at the AGM. As stated in the FFO By-laws, the term is for one year and may be extended beyond that, at the request of the Nominations Committee.

**Nominations Committee:** Wendy Adams (Chair) John Cooke, Elaine Bradley and Ian Wilson, (who resigned from committee Oct 03 2019)



The ambassadors from Taiwan performed the traditional fan dance at their Farewell Party.





# Friendship Force of Ottawa Journeys 2019 Through the Lens



FF Big Canoe, GA inbound visits local fair



MJ & Colin in Ulan-Ude, Siberia



FFO saw these well-dressed men in Mongolia



FF Taipei, Taiwan at Halloween



2 Marinera dancers perform in Peru



Greater Des Moines in Parc Omega



FFO ambassadors rafting in New Zealand



FF Ottawa visit FF Oklahoma & St Louis MI